

Gym Rat Boxing & Fitness, LLC

Price Sheet

119 Gatlin Avenue * Orlando, FL 32806 * 407-704-8246 * www.gymratboxing.com

All-Access Gym Membership

This is the ultimate program offered at an exceptional value. Participants in the All-Access Membership receive **FREE classes, access to the Weight Room and discounted personal training rates**. Must be 18 years old to be eligible for membership.

Term of Membership	Price Per Month
1-month	\$85.00

Single-Access Gym Membership

Participants in the Single-Access Gym Membership receive **FREE classes and discounted personal training rates**. Must be 16 years old to be eligible for membership. Does not include access to weight room or weight room training.

Term of Membership	Price Per Month
1-month	\$75.00

Single-Access Weight Room Membership

Participants in the Single-Access Weight Room Membership receive access to the weight room. Must be 18 years old to be eligible for membership. Does not include access to the boxing gym or adult group classes.

Term of Membership	Price Per Month
1-month	\$30.00

Adult Group Classes

Class	Drop-In	Monthly Unlimited
Boxing 101	\$10.00	\$75.00
Advanced Boxing	\$10.00	\$75.00
All Group Classes	\$10.00	\$75.00

All-Access gym members get the Adult Group classes for FREE.

NOTE: Youth ages 11- 15 may participate in the 5:00 – 6:00 pm group class from Monday – Thursday. Parents must pick up child promptly at 6:00 pm.

Updated January 3, 2011

Personal Training

Client-to-Trainer Ratio	Price Per Session
1:1	\$50/hour
2:1*	\$35/Person*
Member Discount	\$45/hour

**Must purchase 8 sessions in advance for 2:1 discounted rate. Not eligible for Personal Training Packages.*

Purchase a One-Month Personal Training Package and Save!

Client-to-Trainer Ratio	Number of Sessions per month	Package Price
1:1	10	\$400.00
1:1	8	\$360.00
1:1	4	\$200.00

Cancellation & Rescheduling Policy

- **Cancel:** If you need to cancel a training session you must contact Gym Rat Boxing & Fitness no later than 24 hours prior to your appointment to avoid being charged the full training fee. Unattended training sessions will be charged as if they were attended.

- **After Hours:** For cancellations that need to be made after hours or on weekends, clients can contact Gym Rat Boxing & Fitness's voice mail system at (407) 704-8246. When Contacting Gym Rat Boxing & Fitness via voice mail, please leave your name and the date and the time of your appointment (s) you wish to cancel. The voice mail system will time stamp your message.

- **Short Notice:** If you call to cancel an appointment inside of 24 hr notice, and can reschedule your appointment for an available time the same day, there will be no charge assessed for the reschedule.

ALL PROGRAMS AND PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE.